

Updated 06/07/10

July 2010 - Sharks Swimming

Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	2 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	3 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	4 No Practice
5 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	6 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	7 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	8 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	9 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	10 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	11 No Practice
12 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	13 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	14 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	15 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	16 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am Swim Meet Regional Champs At TBA	17 Practice at Roxbury Senior TBA Senior B: TBA Junior: TBA Red: TBA Swim Meet Regional Champs At TBA	18 No Practice Swim Meet Regional Champs At TBA

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
19 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	20 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	21 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	22 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am Swim Meet CT Senior Champs At Wesleyan	23 Practice at Roxbury Senior TBA Senior B: TBA Junior: TBA Red: TBA Swim Meet CT Senior Champs At Wesleyan	24 Practice at Roxbury Senior TBA Senior B: TBA Junior: TBA Red: TBA Swim Meet CT Senior Champs At Wesleyan	25 No Practice Swim Meet CT Senior Champs At Wesleyan
26 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	27 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	28 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	29 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am Swim Meet Age Group Champs At Wesleyan and Cheshire	30 No Practice Swim Meet Age Group Champs At Wesleyan and Cheshire	31 No Practice Swim Meet Age Group Champs At Wesleyan and Cheshire	August 1 No Practice Swim Meet Age Group Champs At Wesleyan and Cheshire