

Updated 07/26/10

August 2010 - Sharks Swimming

Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 No Practice Swim Meet Age Group Champs At Wesleyan and Cheshire
2 No Practice	3 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	4 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	5 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	6 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	7 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	8 No Practice
9 No Practice	10 No Practice	11 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	12 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	13 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	14 No Practice	15 No Practice

August 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
16 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	17 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	18 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	19 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	20 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	21 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	22 No Practice
23 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	24 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	25 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	26 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	27 Practice at Roxbury Senior 7-9:30am Senior B: 7-9:00am Junior: 7-8:30am Red: 7:30-8:30am	28 No Practice	29 No Practice
30 TBD	31 TBD					